

# GrandFacts

State fact sheets for grandparents and other relatives raising children

AARP, The Brookdale Foundation Group, Casey Family Programs, Child Welfare League of America, Children's Defense Fund, and Generations United have partnered to produce state and national **GrandFacts** fact sheets for grandparents and other relatives raising children. The state fact sheets include state-specific data and programs as well as information about foster care, public benefits, educational assistance and state laws. Visit [www.grandfactsheets.org](http://www.grandfactsheets.org) to find this and all **GrandFacts** state fact sheets.

## New Hampshire

### The Children

- 17,427 children under age 18 live in homes where the householders are grandparents or other relatives (6.1% of the children in the state.) (*U.S. 2010 Census*)
  - Of these, 14,469 live with grandparents who are the householders (5.1% of the children in the state) and 2,958 live with other relatives who are the householders (1% of the children in the state). (*U.S. 2010 Census*)
- 5,280 children live in homes with grandparent householders where grandparents are responsible for them\*
  - Of these children, 1,627 have no parents present in the home.\*

### The Grandparents\*

- 5,610 grandparents are the householders and are responsible for their grandchildren living with them. Of these:
  - 92% of the grandparents are White and not Hispanic, 2% are Black/African American, and 4% are Hispanic/Latino, and may be of any race.
  - 32% have no parents of the children present in the home.
  - 72% are under age 60.
  - 12% live in poverty.\*\*
- 672 grandparents in Manchester city are the householders and are responsible for their grandchildren living with them.

\*Comparable data are not currently available for homes where other relatives are the householders.

\*\*100% of poverty level.

Data not specifically cited are taken from the U.S. Census Bureau 2005-2009 American Community Survey 5-Year Estimates, Detailed Table B09006 and Subject Tables S1001 and S1002. Additional data on related topics and sub-state areas can be found on the Census Bureau website at <http://factfinder.census.gov>

## Programs That Can Help

Local programs that provide support, resources and assistance to grandfamilies can often be found by contacting your local school, area agency on aging, community center, faith-based organization or children's services office.

**The AARP GrandCare Support Locator** is a free online service where programs can self-list their services and resources. Search by your city, state or zip code. [www.giclocalsupport.org](http://www.giclocalsupport.org)

## Key Programs in New Hampshire

### AARP New Hampshire

**Contact:** Kelly Clark  
**Phone:** 1-866-542-8168 (toll-free)  
**Email:** [kclark@aarp.org](mailto:kclark@aarp.org)  
**Service Area:** Statewide  
**Description:** Information and referral

### Family Resource Connection – New Hampshire State Library

**Contact:** Nancy Cristiano  
**Phone:** 603-271-7931  
1-800-298-4321 (toll-free in New Hampshire only)  
**Email:** [FRC@dcr.nh.gov](mailto:FRC@dcr.nh.gov)  
**Web:** [www.nh.gov/nhsl/frc](http://www.nh.gov/nhsl/frc)  
**Service Area:** Statewide  
**Description:** Free lending library providing resources about the care, education and welfare of children, support groups, and information and referral.

### Grandparents as Parents Support Group – Dame School in Concord

**Contact:** Linda Stephenson, Guidance Counselor  
**Phone:** 603-225-0830  
**Email:** [Lstep@csd.k12.nh.us](mailto:Lstep@csd.k12.nh.us)  
**Service Area:** Concord and surrounding communities  
**Description:** Peer support, parenting education, and support groups

### Monadnock Family Services Family Resource Center

**Contact:** Judy Hoffman  
**Phone:** 603-355-3040 Extension 116  
**Email:** [jhoffman@mfs.org](mailto:jhoffman@mfs.org)  
**Web:** [www.mfs.org](http://www.mfs.org)  
**Service Area:** Monadnock region  
**Description:** Support group, family outreach services, training, and connections to other area resources

## New Hampshire Family Voices

**Contact:** Martha-Jean Madison and Terry Ohlson-Martin, Co-Directors  
**Phone:** 603-271-4525 or 1-800-852-3345 x 4525  
**Email:** [nhfv@yahoo.com](mailto:nhfv@yahoo.com)  
**Web:** [www.nhfv.org](http://www.nhfv.org)  
**Service Area:** Statewide  
**Description:** Supports families with children having special needs, emotional, physical or chronic illnesses and disabilities through one-on-one support, resources, materials, and technical assistance.

## Relatives as Parents (RAPP) – HUB Family Resource Center

**Contact:** Lisa Paone  
**Phone:** 603-749-9754 x10  
**Email:** [lpaone@hubfamilies.org](mailto:lpaone@hubfamilies.org)  
**Web:** [www.hubfamilies.org](http://www.hubfamilies.org)  
**Service Area:** Strafford County  
**Description:** Information, resource and referral. parenting classes, support groups, and playgroups for anyone raising children.

## ServiceLink of New Hampshire

**Phone:** 1-866-634-9412 (toll-free)  
**Web:** [www.nh.gov/servicelink](http://www.nh.gov/servicelink)  
**Service Area:** Statewide  
**Description:** Provides support counseling, support groups, and a community-based network of connections for elders, adults with disabilities and their children

## University of New Hampshire (UNH) Cooperative Extension

**Contact:** Charlene Baxter, Program Leader, Family and Consumer Resources  
**Phone:** 603-862-2485  
**Email:** [Charlene.Baxter@unh.edu](mailto:Charlene.Baxter@unh.edu)  
**Web:** [extension.unh.edu](http://extension.unh.edu)  
**Service Area:** Statewide  
**Description:** Parenting education, workshops, *Just In Time Parenting* newsletter, assistance in starting support groups, publications, and statewide coalition leader

## Children in Foster Care

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- Sometimes state child welfare agencies place children in foster care with grandparents or other relatives. This is often called “kinship care.”
- Federal law requires states to notify all known relatives within 30 days of children’s removal from their parents.

### In 2010 in New Hampshire:

- There were 698 children under the care of the New Hampshire Department of Health and Human Services, Division for Children, Youth and Families in out of home placements.
- Of these, 169 children were placed with relatives.

## Placement Policies

- According to state policy and federal law, New Hampshire makes every effort to identify and notify all adult relatives of a child when they first come into care.
- Relatives do not have to be licensed to provide care for children, but and they must be approved by the Division of Children, Youth and Families. Relatives are required to complete a Relative Care Agreement form 2273 as well as complete criminal record and central registry checks.
- Relatives who wish to qualify as a licensed foster family must meet the same requirements as non-relatives.

## Subsidized Guardianship

New Hampshire does not currently have a subsidized guardianship program

## Foster Care and Relative/Kinship Care Contacts

### New Hampshire Department of Health and Human Services

Janet Kohlhase-Purdy, Kinship Relative Care Specialist

603-271-4451 (Mon, Wed, Thur)

Email: [Janet.Kohlhase@dhhs.state.nh.us](mailto:Janet.Kohlhase@dhhs.state.nh.us)

[www.dhhs.state.nh.us/dcyf/index.htm](http://www.dhhs.state.nh.us/dcyf/index.htm)

## Public Benefits

Federal and state public benefits programs can help with income, food, healthcare, home energy, telephone and other needs for those who are eligible. Eligibility requirements vary with each public benefit and sometimes are different from state to state. Some benefits are for the family and others are for children or older adults individually. Children are often eligible for public benefits even if their caregivers do not have legal guardianship or custody. Grandparents may become eligible for benefits programs when their household size increases.

## Help with Public Benefits

### AARP Foundation's [Benefits QuickLINK](#)

A free and private way to find out if relatives or the children they are raising qualify for programs that pay for food, increase income and cover home and healthcare costs (listed below). It gives quick results, application forms and the address and phone number of the closest office.

[www.aarp.org/quicklink](http://www.aarp.org/quicklink)

#### Public Benefits for Older Americans:\*

- Medicare Savings Programs
- Medicare Prescription Drug Coverage
- Medicare Rx Extra Help
- State Pharmaceutical Assistance programs (SPAP)
- Medicaid for Aged, Blind, and Disabled
- Supplemental Nutrition Assistance Program (SNAP)
- Earned Income Tax Credit (EITC)
- Low Income Home Energy Assistance (LIHEAP)
- State Property Tax Relief/Rebates
- Supplemental Security Income (SSI)
- Telephone Assistance (Link-Up and Lifeline)

#### Public Benefits for Families Raising Children\*

- Medicaid for Children
- State Children's Health Insurance Program (SCHIP)
- TANF-Child Only Grants
- Supplemental Security Income for Children

\*Some of these programs may have age and income restrictions.

## Eldercare Locator

The National Eldercare Locator service helps you find your local area agency on aging and other state and local resources that can help with public benefits, local programs and other services for older adults.

1-800-677-1116 (toll-free)  
[www.eldercare.gov](http://www.eldercare.gov)

## Key Public Benefits

### Income

Each state administers federal funds that provide cash assistance to families in need. Some states also offer other forms of financial assistance.

### Temporary Assistance to Needy Families (TANF)

Cash assistance may be available to eligible children and their relative caregivers.

#### **New Hampshire Financial Assistance for Needy Families Program (FANF)**

New Hampshire Department of Health and Human Services  
1-800-852-3345 Extension 4238 (toll-free)  
[www.dhhs.state.nh.us/dfa/tanf/index.htm](http://www.dhhs.state.nh.us/dfa/tanf/index.htm)

### Social Security

A multigenerational program, Social Security provides income benefits to adults, older adults and children. In addition to [Retirement](#) and [Disability](#) benefits, [Survivor's Benefits](#) are based on a child's parent's earnings and may help if a child's parents die. The [Supplemental Security Income](#) (SSI) program pays benefits to disabled [adults](#) and [children](#) who have limited income and resources. SSI benefits are also payable to people 65 and older without disabilities who meet the financial limits.

**Online Directory** – To find your local Social Security Administration office.  
1-800-772-1213 (toll-free)  
[www.socialsecurity.gov/locator](http://www.socialsecurity.gov/locator)

### Nutrition

Relative caregivers and their families may be eligible for assistance with groceries, meals, infant formula and nutrition education. These are some of the key nutrition benefits programs and resources.

### Supplemental Nutrition Assistance Program (SNAP)

SNAP is the new name for the federal Food Stamp Program. It helps low-income individuals and families buy the food they need for good health. Although SNAP is the national name, your state may use a different name.

#### **New Hampshire Food Stamp Program**

New Hampshire Department of Health and Human Services  
1-800-852-3345 Extension 0747  
[www.dhhs.nh.gov/dfa/foodstamps/index.htm](http://www.dhhs.nh.gov/dfa/foodstamps/index.htm)

## **Food and Nutrition Services of the United States Department of Agriculture (USDA)**

- **Child Nutrition Program** - The schools, early childhood education programs, child care centers, afterschool programs or other programs that children attend may offer free or reduced meals through the federal Child Nutrition Program, which provides breakfast, lunch, snacks, summer meals and milk. Contact the school or program to ask if they participate in any of the child nutrition programs and ask how to apply. Relative caregivers should inform the program that they are raising the child and whether or not they are doing so through a court order.

**Online State Directory** - To find your state office that manages the Child Nutrition program.

[www.fns.usda.gov/cnd/Contacts/StateDirectory.htm](http://www.fns.usda.gov/cnd/Contacts/StateDirectory.htm)

- **Women, Infant and Children (WIC)** - States administer federal funds for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk.

**Online State Directory** - To find your state office that manages the WIC program.

[www.fns.usda.gov/wic/Contacts/statealpha.HTM](http://www.fns.usda.gov/wic/Contacts/statealpha.HTM)

**Foodbanks** - Organizations that provide free food and sometimes other items, such as diapers to families in need. Feeding America is an organization that fights hunger and has a food bank locator.

**Online State Directory** - To find local food banks.

1-800-771-2303 (toll-free)

[www.feedingamerica.org/foodbank-results.aspx](http://www.feedingamerica.org/foodbank-results.aspx)

## **Health Care**

Relative caregivers and the children they are raising may be eligible for health insurance and help with prescription drugs. [Benefits QuickLINK](#) can help you find these benefits.

### **Health Insurance for Children**

Relative caregivers may apply for free or low-cost health and dental insurance for the children they are raising through the federal Children's Health Insurance Program (CHIP). Although CHIP is the national name, your state may use a different name.

#### **New Hampshire's Healthy Kids Program**

603-228-2925 or 1-877-464-2447 (toll-free)

[www.nhhealthykids.com](http://www.nhhealthykids.com)

#### **New Hampshire Medicaid**

603-271-4344 or 1-800-852-3345, Extension 4344 (toll-free)

[www.dhhs.nh.gov/ombp/medicaid/index.htm](http://www.dhhs.nh.gov/ombp/medicaid/index.htm)

## **Education**

- **U.S. Department of Education** - Offers a [Parent Site](#) that has a wide range of helpful information for parents *and* caregivers regarding children's education from early childhood through college, special needs, disabilities, language challenges and gifted students.  
1-800-USA-LEARN (1-800-872-5327 – toll-free)  
[www.ed.gov/parents](http://www.ed.gov/parents)
- **State Department of Education** - Relative caregivers may find helpful information about the education of children they are raising.

## **New Hampshire Department of Education**

(603) 271-3494

[www.education.nh.gov](http://www.education.nh.gov)

## **Educational Enrollment**

Relative caregivers can contact their local school district's administrative office or their local school to find out how to register the child and what paperwork is needed. Caregivers may need birth records, health records or previous school records. Some states have laws that allow relative caregivers to enroll children they are raising in school. These laws are often called "education consent" laws, but may be called something else in your state.

### **Grandfamilies State Law and Policy Resource Center**

**Online Directory** - To find out if your state has an education consent law.

[www.grandfamilies.org](http://www.grandfamilies.org)

## **Early Intervention, Special Education and Related Services**

### **What you need to know:**

- **The Federal Individuals with Disabilities Act (IDEA)** - From birth to age 21, children who have learning disabilities, physical disabilities or other special needs may be able to get special early intervention, preschool and special education services in school through the federal IDEA. Services may include speech, physical, and occupational therapies.
- **Child Find** – A part of the IDEA that requires states to identify, locate and evaluate children in the areas of cognitive and physical functioning, hearing and vision, speech and language and social and emotional development as early as possible. Once the Child Find evaluation team, which includes a child's caregivers, has decided if a child is eligible for early intervention or preschool special education services, an Individual Family Service Plan (IFSP; birth to three years of age) or an Individual Education Plan (IEP; three to five years of age) is developed and services begin shortly at no cost.

### **Where to find help for children with special needs:**

- **New Hampshire Bureau of Special Education**  
New Hampshire Department of Education  
(603) 271-3741  
[www.education.nh.gov/instruction/special\\_ed/index.htm](http://www.education.nh.gov/instruction/special_ed/index.htm)
- **New Hampshire Family Centered Early Supports and Services (FCESS) Program**,  
Department of Health and Human Services - for children birth through age two who have a diagnosed, established condition that has a high probability of resulting in delay, are experiencing developmental delays, or are at risk for substantial developmental delays if supports and services are not provided.  
[www.dhhs.nh.gov/dcbcs/bds/earlysupport/index.htm](http://www.dhhs.nh.gov/dcbcs/bds/earlysupport/index.htm)
- **The National Dissemination Center for Children with Disabilities** guides caregivers to organizations and resources in each state and offers both English and Spanish language information.  
**Online State Directory** – To find state and other disability organizations in your state.  
1-800-695-0285 (toll-free)  
[www.nichcy.org/pages/statespecificinfo.aspx](http://www.nichcy.org/pages/statespecificinfo.aspx)

- **Parent Centers** across the country provide information to help parents *and* caregivers with children who have special education needs and disabilities.  
**Online State Directory** – To find Parent Centers in your state.  
National Parent Technical Assistance Center 1-888-248-0822 (toll-free)  
[www.parentcenternetwork.org/parentcenterlisting](http://www.parentcenternetwork.org/parentcenterlisting)

## Early Childhood Education

- **Head Start and Early Head Start** – Early education programs for eligible children.  
**Online Directory** – To find Head Start or Early Head Start centers in your state.  
1-866-763-6481 (toll-free)  
<http://eclkc.ohs.acf.hhs.gov/hslc/HeadStartOffices>
- **The National Association of Child Care Resource and Referral Agencies (NACCRRA)** - Information, resources and connection to local Child Care Resources and Referral Agencies (CCR&R) that help you find local child care through the Child Care Aware program.  
**Online Directory** – To find your local Child Care Resource & Referral Agency.  
1-800-424-2246 (toll-free)  
[www.childcareaware.org/parents-and-guardians](http://www.childcareaware.org/parents-and-guardians)

## Educational Activities

**Verizon Thinkfinity** - Support a child's success in school with fun learning activities and interactive games you can do together using this free online resource.

[www.thinkfinity.org](http://www.thinkfinity.org)

## State Laws

### **Grandfamilies State Law and Policy Resource Center**

Provides an up-to-date online listing of state laws, policies and legislation that affect grandfamilies. A collaboration between [Casey Family Programs](#), the [American Bar Association's Center on Children and the Law](#) and [Generations United](#), the website includes a searchable database of current laws and pending legislation by state, including:

- Adoption
  - Care and Custody
  - Education
  - Financial Assistance
  - Housing
  - Kinship Navigator Programs
  - Medical
  - National Family Caregivers Support Programs
  - Relative Foster Care
  - Subsidized Guardianship
  - Notification of Relatives
- Online Directory** – To find your state's laws affecting grandfamilies.  
[www.grandfamilies.org](http://www.grandfamilies.org)

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## GrandFacts Updates

If you have an update or a resource to be included in this or any of the other GrandFacts fact sheets, please visit [www.grandfactsheets.org](http://www.grandfactsheets.org) to submit updates or email [grandfacts@aarps.org](mailto:grandfacts@aarps.org). Fact sheets are updated regularly.

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