

# GrandFacts

State fact sheets for grandparents and other relatives raising children

AARP, The Brookdale Foundation Group, Casey Family Programs, Child Welfare League of America, Children's Defense Fund, and Generations United have partnered to produce state and national **GrandFacts** fact sheets for grandparents and other relatives raising children. The state fact sheets include state-specific data and programs as well as information about foster care, public benefits, educational assistance and state laws. Visit [www.grandfactsheets.org](http://www.grandfactsheets.org) to find this and all **GrandFacts** state fact sheets.

## Iowa

### The Children

- 41,240 children under age 18 live in homes where the householders are grandparents or other relatives (5.7% of the children in the state.) (U.S. 2010 Census)
  - Of these, 32,383 live with grandparents who are the householders (4.5% of the children in the state) and 8,857 live with other relatives who are the householders (1.2% of the children in the state). (U.S. 2010 Census)
- 13,762 children live in homes with grandparent householders where grandparents are responsible for them\*
  - Of these children, 5,492 have no parents present in the home.\*

### The Grandparents\*

- 14,450 grandparents are the householders and are responsible for their grandchildren living with them. Of these:
  - 86% of the grandparents are White and not Hispanic, 6% are Black/African American, 1% are Asian, 1% are American Indian and Alaska Native, and 6% are Hispanic/Latino, and may be of any race.
  - 44% have no parents of the children present in the home.
  - 72% are under age 60.
  - 13% live in poverty.\*\*
- 1,514 grandparents in Des Moines city are the householders and are responsible for their grandchildren living with them.

\*Comparable data are not currently available for homes where other relatives are the householders.

\*\*100% of poverty level.

Data not specifically cited are taken from the U.S. Census Bureau 2005-2009 American Community Survey 5-Year Estimates, Detailed Table B09006 and Subject Tables S1001 and S1002. Additional data on related topics and sub-state areas can be found on the Census Bureau website at <http://factfinder.census.gov>

## Programs That Can Help

Local programs that provide support, resources and assistance to grandfamilies can often be found by contacting your local school, area agency on aging, community center, faith-based organization or children's services office.

**The AARP GrandCare Support Locator** is a free online service where programs can self-list their services and resources. Search by your city, state or zip code. [www.giclocalsupport.org](http://www.giclocalsupport.org)

## Key Programs in Iowa

### Iowa Department on Aging

**Contact:** Machele Shaffer  
**Phone:** 515-725-3312 or 515-725-3333  
**Email:** [contactida@iowa.gov](mailto:contactida@iowa.gov)  
**Web:** [www.aging.iowa.gov](http://www.aging.iowa.gov)  
**Service Area:** Statewide  
**Description:** The state's lead agency on aging issues

### Grandparents Raising Grandchildren – Muscatine Community Y (Brookdale Relatives as Parent Program)

**Contact:** Diana Broderson, Program Director  
**Phone:** 563-263-9996  
**Email:** [dbroderson@muscatiney.org](mailto:dbroderson@muscatiney.org)  
**Web:** [www.muscatiney.org](http://www.muscatiney.org)  
**Service area:** Muscatine area  
**Description:** Offers support group, individual and group counseling, educational seminars, group recreational activities, and legal and medical guidance

### Iowa Foster and Adoptive Parent Association

**Contact:** Angela Stark  
**Phone:** 515-261-7255 or 1-877-788-7255 (toll-free)  
**Email:** [starkifapa@aol.com](mailto:starkifapa@aol.com)  
**Web:** [www.ifapa.org](http://www.ifapa.org)  
**Service area:** Statewide  
**Description:** Offers support, information, training, and resources

## Children in Foster Care

- Sometimes state child welfare agencies place children in foster care with grandparents or other relatives. This is often called "kinship care."
- Federal law requires states to notify all known relatives within 30 days of children's removal from their parents.

### In September 2010 in Iowa:

- 6,501 children/youth spent some time in out-of-home care
- 1,445 of these children/youth were placed with relatives

## Placement Policies

- State policy requires that kinship care be considered first when an out-of-home placement is sought.
- No separate licensing for kinship foster parents.
- Same licensing standards and training requirements as non-kin foster parents.
- Same foster care payment rate.

## Iowa Foster Care and Relative/Kinship Care Contacts

### [Iowa Family Foster Care Program](#)

Heather Davidson, Manager

515-281-3012

Email: [hdavids@dhs.state.ia.us](mailto:hdavids@dhs.state.ia.us)

[www.dhs.state.ia.us/Partners/Partners\\_Providers/BecomeAProvider/AdoptionFC.html](http://www.dhs.state.ia.us/Partners/Partners_Providers/BecomeAProvider/AdoptionFC.html)

## Public Benefits

Federal and state public benefits programs can help with income, food, healthcare, home energy, telephone and other needs for those who are eligible. Eligibility requirements vary with each public benefit and sometimes are different from state to state. Some benefits are for the family and others are for children or older adults individually. Children are often eligible for public benefits even if their caregivers do not have legal guardianship or custody. Grandparents may become eligible for benefits programs when their household size increases.

## Help with Public Benefits

### AARP Foundation's [Benefits QuickLINK](#)

A free and private way to find out if relatives or the children they are raising qualify for programs that pay for food, increase income and cover home and healthcare costs (listed below). It gives quick results, application forms and the address and phone number of the closest office.

[www.aarp.org/quicklink](http://www.aarp.org/quicklink)

#### Public Benefits for Older Americans:\*

- Medicare Savings Programs
- Medicare Prescription Drug Coverage
- Medicare Rx Extra Help
- State Pharmaceutical Assistance programs (SPAP)
- Medicaid for Aged, Blind, and Disabled
- Supplemental Nutrition Assistance Program (SNAP)
- Earned Income Tax Credit (EITC)
- Low Income Home Energy Assistance (LIHEAP)
- State Property Tax Relief/Rebates
- Supplemental Security Income (SSI)
- Telephone Assistance (Link-Up and Lifeline)

#### Public Benefits for Families Raising Children\*

- Medicaid for Children
- State Children's Health Insurance Program (SCHIP)
- TANF-Child Only Grants
- Supplemental Security Income for Children

\*Some of these programs may have age and income restrictions.

## Eldercare Locator

The National Eldercare Locator service helps you find your local area agency on aging and other state and local resources that can help with public benefits, local programs and other services for older adults.

1-800-677-1116 (toll-free)

[www.eldercare.gov](http://www.eldercare.gov)

## Key Public Benefits

### Income

Each state administers federal funds that provide cash assistance to families in need. Some states also offer other forms of financial assistance.

#### **Temporary Assistance to Needy Families (TANF)**

Cash assistance may be available to eligible children and their relative caregivers.

##### **Iowa's Family Investment Program (FIP)**

515-281-6899 or 1-800-972-2017 (toll-free)

[www.dhs.iowa.gov/Consumers/Assistance\\_Programs/CashAssistance/FamilyInvestmentProgram.html](http://www.dhs.iowa.gov/Consumers/Assistance_Programs/CashAssistance/FamilyInvestmentProgram.html)

### Social Security

A multigenerational program, Social Security provides income benefits to adults, older adults and children. In addition to [Retirement](#) and [Disability](#) benefits, [Survivor's Benefits](#) are based on a child's parent's earnings and may help if a child's parents die. The [Supplemental Security Income](#) (SSI) program pays benefits to disabled [adults](#) and [children](#) who have limited income and resources. SSI benefits are also payable to people 65 and older without disabilities who meet the financial limits.

**Online Directory** – To find your local Social Security Administration office.

1-800-772-1213 (toll-free)

[www.socialsecurity.gov/locator/](http://www.socialsecurity.gov/locator/)

### Nutrition

Relative caregivers and their families may be eligible for assistance with groceries, meals, infant formula and nutrition education. These are some of the key nutrition benefits programs and resources.

#### **Supplemental Nutrition Assistance Program (SNAP)**

SNAP is the new name for the federal Food Stamp Program. It helps low-income individuals and families buy the food they need for good health. Although SNAP is the national name, your state may use a different name.

##### **Iowa Food Assistance Program**

Department of Human Services

1-877-YES-FOOD or 1-877-937-3663 (toll-free)

[www.yesfood.iowa.gov](http://www.yesfood.iowa.gov)

#### **Food and Nutrition Services of the United States Department of Agriculture (USDA)**

- **Child Nutrition Program** - The schools, early childhood education programs, child care centers, afterschool programs or other programs that children attend may offer free or reduced meals through the federal Child Nutrition Program, which provides breakfast, lunch, snacks, summer meals and milk. Contact the school or program to ask if they participate in any of the child nutrition programs and ask how to apply. Relative caregivers should inform the program that they are raising the child and whether or not they are doing so through a court order.

**Online State Directory** - To find your state office that manages the Child Nutrition program.

[www.fns.usda.gov/cnd/Contacts/StateDirectory.htm](http://www.fns.usda.gov/cnd/Contacts/StateDirectory.htm)

- **Women, Infant and Children (WIC)** - States administer federal funds for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk.

**Online State Directory** - To find your state office that manages the WIC program.  
[www.fns.usda.gov/wic/Contacts/statealpha.htm](http://www.fns.usda.gov/wic/Contacts/statealpha.htm)

**Foodbanks** - Organizations that provide free food and sometimes other items, such as diapers to families in need. Feeding America is an organization that fights hunger and has a food bank locator.

**Online State Directory** - To find local food banks.  
1-800-771-2303 (toll-free)  
[www.feedingamerica.org/foodbank-results.aspx](http://www.feedingamerica.org/foodbank-results.aspx)

## Health Care

Relative caregivers and the children they are raising may be eligible for health insurance and help with prescription drugs. **Benefits QuickLINK** can help you find these benefits.

### Health Insurance for Children

Relative caregivers may apply for free or low-cost health and dental insurance for the children they are raising through the federal Children's Health Insurance Program (CHIP). Although CHIP is the national name, your state may use a different name.

**Iowa Medicaid or hawk-i (Healthy and Well Kids in Iowa)**  
1-800-257-8563 (toll-free)  
[www.hawk-i.org](http://www.hawk-i.org)

## Education

- **U.S. Department of Education** - Offers a **Parent Site** that has a wide range of helpful information for parents *and* caregivers regarding children's education from early childhood through college, special needs, disabilities, language challenges and gifted students.  
1-800-USA-LEARN (1-800-872-5327 – toll-free)  
[www.ed.gov/parents](http://www.ed.gov/parents)
- **State Department of Education** - Relative caregivers may find helpful information about the education of children they are raising  
**Iowa Department of Education**  
515-281-5294  
<http://educateiowa.gov>

## Educational Enrollment

Relative caregivers can contact their local school district's administrative office or their local school to find out how to register the child and what paperwork is needed. Caregivers may need birth records, health records or previous school records. Some states have laws that allow relative caregivers to enroll children they are raising in school. These laws are often called "education consent" laws, but may be called something else in your state.

**Grandfamilies State Law and Policy Resource Center**  
**Online Directory** - To find out if your state has an education consent law.  
[www.grandfamilies.org](http://www.grandfamilies.org)

## Early Intervention, Special Education and Related Services

### What you need to know:

- **The Federal Individuals with Disabilities Act (IDEA)** - From birth to age 21, children who have learning disabilities, physical disabilities or other special needs may be able to get special early intervention, preschool and special education services in school through the federal IDEA. Services may include speech, physical, and occupational therapies.
- **Child Find** – A part of the IDEA that requires states to identify, locate and evaluate children in the areas of cognitive and physical functioning, hearing and vision, speech and language and social and emotional development as early as possible. Once the Child Find evaluation team, which includes a child's caregivers, has decided if a child is eligible for early intervention or preschool special education services, an Individual Family Service Plan (IFSP; birth to three years of age) or an Individual Education Plan (IEP; three to five years of age) is developed and services begin shortly at no cost.

### Where to find help for children with special needs:

- **Iowa Office of Special Education Programs** – Iowa Department of Education  
515-281-5294  
<http://educateiowa.gov/index.php>
- **Iowa Early Childhood Special Education**  
<http://educateiowa.gov/index.php>
- **Iowa Early ACCESS** – Iowa's system of early intervention services for infants and toddlers with or at risk for developmental delays.  
1-888-IAKIDS1  
E-mail: [earlyaccessia@vnsdm.org](mailto:earlyaccessia@vnsdm.org)  
[www.earlyaccessiowa.org](http://www.earlyaccessiowa.org)
- **The National Dissemination Center for Children with Disabilities** guides caregivers to organizations and resources in each state and offers both English and Spanish language information.  
**Online State Directory** – To find state and other disability organizations in your state.  
1-800-695-0285 (toll-free)  
[www.nichcy.org/pages/statespecificinfo.aspx](http://www.nichcy.org/pages/statespecificinfo.aspx)
- **Parent Centers** across the country provide information to help parents *and* caregivers with children who have special education needs and disabilities.  
**Online State Directory** – To find Parent Centers in your state.  
National Parent Technical Assistance Center 1-888-248-0822 (toll-free)  
[www.parentcenternetwork.org/parentcenterlisting](http://www.parentcenternetwork.org/parentcenterlisting)

## Early Childhood Education

- **Head Start and Early Head Start** – Early education programs for eligible children.  
**Online Directory** – To find Head Start or Early Head Start centers in your state.  
1-866-763-6481 (toll-free)  
<http://eclkc.ohs.acf.hhs.gov/hslc/HeadStartOffices>
- **The National Association of Child Care Resource and Referral Agencies (NACCRRA)** - Information, resources and connection to local Child Care Resources and Referral Agencies (CCR&R) that help you find local child care through the Child Care Aware program.  
**Online Directory** – To find your local Child Care Resource & Referral Agency.  
1-800-424-2246 (toll-free)  
[www.childcareaware.org/parents-and-guardians](http://www.childcareaware.org/parents-and-guardians)



## Educational Activities

**Verizon Thinkfinity** - Support a child's success in school with fun learning activities and interactive games you can do together using this free online resource.

[www.thinkfinity.org](http://www.thinkfinity.org)

## State Laws

### Grandfamilies State Law and Policy Resource Center

Provides an up-to-date online listing of state laws, policies and legislation that affect grandfamilies. A collaboration between [Casey Family Programs](#), the [American Bar Association's Center on Children and the Law](#) and [Generations United](#), the website includes a searchable database of current laws and pending legislation by state, including:

- Adoption
- Care and Custody
- Education
- Financial Assistance
- Housing
- Kinship Navigator Programs
- Medical
- National Family Caregivers Support Programs
- Relative Foster Care
- Subsidized Guardianship
- Notification of Relatives

**Online Directory** – To find your state's laws affecting grandfamilies.

[www.grandfamilies.org](http://www.grandfamilies.org)

---

## GrandFacts Updates

If you have an update or a resource to be included in this or any of the other GrandFacts fact sheets, please visit [www.grandfactsheets.org](http://www.grandfactsheets.org) to submit updates or email [grandfacts@aarp.org](mailto:grandfacts@aarp.org). Fact sheets are updated regularly.

---

### GrandFacts State Fact Sheets for Grandparents and other Relatives Raising Children are funded in part by the [AARP Foundation](#) and [Verizon Thinkfinity](#).

**Disclaimer:** None of the sponsoring organizations whose logos appear on this website (AARP, Brookdale Foundation Group, Casey Family Programs, Child Welfare League of America, Children's Defense Fund, or Generations United) recommend or endorse any of the groups, agencies or services listed on the GrandFacts State Fact Sheets. Neither the sponsoring organizations nor any of their employees make any warranty, expressed or implied, or assume any legal liability or responsibility for the accuracy, completeness, or usefulness of any information. None of the sponsoring organizations shall have liability to any website user or to any third party for any loss expense, or damage, including consequential, incidental, special or punitive damages. A user's sole and exclusive remedy for dissatisfaction with this service is to cease using the service. Please be advised that there may be other similar services available that are not listed. The sponsoring organizations are not obligated to include any specific groups, agencies or services and may choose not to include some that submit their information. The sponsoring organizations are not responsible for consumer interactions with groups, agencies or services listed on these fact sheets. **Fact sheets may be printed and used as handouts without permission for non-commercial purposes, provided attribution is given to [www.grandfactsheets.org](http://www.grandfactsheets.org) only. Organizations and individuals who want to share fact sheet content online must link to [www.grandfactsheets.org](http://www.grandfactsheets.org) only. Excerpts may be used online or in print publications with permission only.**