



Children's Sabbaths Faith Expression

The "Children's Sabbaths Faith Expression: Taking our cues from the children" section encourages faith communities to value and learn from children's unique perspectives, fostering inclusivity and enriching the spiritual journey for all members. By actively involving children in worship and community activities, we nurture their spiritual growth while building a more compassionate and dynamic faith community.

Goal: Invite children and youth to express the Psalms through their life lens and how they experience the world.

Psalms of Prayer and Reflection for Kids Curated by Rev. Vahisha Hasan

We believe that everyone, regardless of age, has something valuable to contribute to our shared spiritual journey. Children, with their pure hearts and fresh perspectives, often see the world in ways that can inspire and teach us. This section is designed to encourage our young members to express their faith and share their unique insights, helping us all to grow in understanding and compassion.

Let's explore the beauty of the Psalms together with a fun and interactive fill-in-the-blank activity. Children, get ready to share your thoughts and feelings as we create a special Psalm that reflects your view of the world and your faith.



These documents can be printed for personal or community use.

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Fill-in-the-Blank Psalm Activity

Parents and guardians, gather around with your children and guide them through this activity. Encourage them to use their imagination and personal experiences to fill in the blanks. Let's create a Psalm that speaks from their hearts.

Psalm 1 EXAMPLE

1 God blesses people who love all the animals

And blesses people who won't say mean things

And has friends that share their dinosaur toys

2 but God's goodness makes us feel happy

and we hold that in our heart all day and all night.

3 We feel special like it's our birthday

Then we can have ice cream and cake

And we will be great everyday.

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Psalm 1 *The Way to Happiness*

1 God blesses people who _____

And blesses people who won't _____

And has friends that _____

2 but God's goodness makes us feel _____

and we hold that in our heart all day and all night.

3 We feel special like _____

Then we can have _____

And we will be great everyday.

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Psalm 3 *A Morning Prayer*

1 There are a lot of mean people God.

Many of them tease

2 me and say _____

And say "God cannot rescue you"

3 but God wants me to be safe and _____

and gives me achievement and

_____ and great esteem.

4 I pray to God, and God hears me

from God's sacred space.

5 I sleep and wake up feeling _____

because God protects me.

6 So many people are not kind or

_____ but I am not afraid.

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Parents and guardians, gather around with your children and guide them through this activity. Encourage them to use their imagination and personal experiences to fill in the blanks. Let's create a Psalm that speaks from their hearts.

Psalm 3 *An Evening Prayer*

1 You are my God and my protector
Please answer my prayer

I had a rough day because

but you are with me.

Now be kind and hear me
as I pray.

8 I can lie down
and sleep soundly
Because you, God,
will keep me safe.